

# SANDWICHES

SERVED UNTIL 17:00

**MASLOW**  
DÉ HUISKAMER VAN HET SCIENCE PARK



PLEASE ORDER @ THE BAR

## BREAKFAST

<b>Croissant</b> wholegrain .....	€1,50
<b>Croissant</b> wholegrain with jam or chocolate spread .....	€1,80
<b>Turkish Yoghurt</b> with healthy muesli / granola and nuts / granola with chocolate + strawberry sauce .....	€3,50
<b>Turkish Yoghurt</b> with caramel waffle, walnuts and honey .....	€4,25
<b>Muffin</b> with blueberry .....	€2,50
<b>Bananabread</b> or vegan and gluten-free .....	€2,25 / €2,50
<b>Datecake</b> .....	€2,95
<b>Chocolate Chip Cookie</b> .....	€2,95
<b>Vegan Ganache Cookie</b> with peanutbutter .....	€3,25

## BRUNCH

Fresh orange juice, coffee or tea, small Turkish yoghurt with caramel waffle, walnut and honey, egg salad, tuna salad, hummus, aubergine salad, a whole-wheat and a white pita .....

€11,50

## HOME MADE HUMMUS

Hummus is a mixture of chickpeas, garlic, lemon juice, sesame paste. Served with herbs and olive oil

**Hummus** small with 1 pita / large with 2 pita's .....

€3,95 / €5,95

## GRILLED CHEESE SANDWICHES

Our sandwiches are available in a pita (white or wholegrain) or a stone floor panini, white or multigrain (+ 50ct)

<b>Cheese and Tomato</b> .....	€3,50
<b>Tuna Melt</b> tuna salad with cheese .....	€5,25
<b>Grilly Veggie</b> grilled aubergine, peppers, zucchini and cheese .....	€5,25

## SANDWICHES

Served on a stone floor panini, white or wholegrain

**Specials** see chalkboard

<b>Sweet Goat</b> with goat cheese, rocket, pine nuts and honey .....	€5,25
<b>Roasty Ribeye</b> with sliced hot ribeye, tomato, baked onion, rocket, cheese and Maslow sauce .....	€5,95
<b>La Chick</b> with smoked chicken, truffle mayonnaise, pine nuts, rocket and tomato .....	€5,25
<b>Creamy Salmon</b> with smoked salmon, creamcheese, black pepper and lemon .....	€5,50

Served in a white or wholegrain pita

<b>Chicken Masala</b> with hummus, salad, peppers, cucumber and Maslow sauce .....	€6,50
<b>Falafel</b> with pickle, hummus, salad, peppers, cucumber and Maslow sauce .....	€5,75
<b>Köfte</b> with pickle, hummus, salad, peppers, cucumber and a yoghurt-mint sauce .....	€6,50
<b>Chicken Satay</b> marinated chicken, satay sauce, salad, pickle, serundeng and fried onions .....	€5,95
<b>Vegan heaven</b> with rocket, aubergine, hummus, tomato and sunflower seeds .....	€5,50
<b>Sabich</b> with grilled aubergine, hard boiled egg, fries, tehina and salad in a pita .....	€5,75

Our sandwiches are available on a pita (white or wholegrain) or a stone floor panini, white or multigrain (+ 50ct)

<b>Egg salad</b> with curry, chives and rocket .....	€3,75
<b>Tunasalad</b> with capers, red onion, sundried tomatoes and rocket .....	€4,75
<b>Grilled Aubergine Salad</b> .....	€4,75
<b>Omelette Natural</b> 3 eggs .....	€4,25
<b>Omelette Cheese</b> 3 eggs, with cheese .....	€4,95
<b>Omelette Vegetables</b> 3 eggs, with grilled vegetables and cheese .....	€5,95

OUR MASLOW SAUCE IS VEGETARIAN.  
DO YOU LIKE VEGAN SAUCE? LET US KNOW !

ASK FOR THE HOME MADE SAMBAL  
OR GLUTEN-FREE BREAD

Questions, allergies or wishes?  
Please let us know!

VrijMiBo every friday from 16:00 until 19:00  
Beer (25cl) €2,- and free snacks!

# FOOD

SUN-WED until 21.00 / THU-SAT until 22:00



PLEASE ORDER @ THE BAR

## STARTERS

<b>Tasting</b> egg salad, tuna salad, aubergine salad, hummus with pita. 1 person / 2 persons .....	€5,50 / €9,50
<b>Herb butter</b> with stone floor panini white / multigrain.....	€3,50
<b>Hummus</b> small with 1 pita / large with 2 pita's.....	€3,95 / €5,95
<b>Egg salad</b> with pita white or whole grain .....	€3,75
<b>Tuna salad</b> with pita white or whole grain .....	€4,75
<b>Aubergine salad</b> with pita white or whole grain .....	€4,75
<b>Labaneh</b> yoghurt, herbs and olive oil with pita .....	€3,95
<b>Chicken Masala</b> with Maslow sauce.....	€4,95
<b>Fish cakes</b> 3 pieces, made with cod and mustard.....	€4,95
<b>Soup of the week</b> see chalkboard.....	€3,95
<b>Creamy tomato soup</b> .....	€3,95
<b>Pita</b> white or wholegrain.....	+ €0,85

## SALAD DISHES

<b>Tuna salad</b> with pepper, cucumber, tomato, capers, red onion, sun-dried tomatos, chickpeas and mixed salad.....	€8,50
<b>Chicken salad</b> smoked chicken, chickpeas, cucumber, peppers, tomato and mixed salad.....	€8,50
<b>Veggie salad</b> mulberries, chickpeas, sunflower seeds, artichoke hearts, peppers, cucumber, tomato and mixed salad.....	€8,50
<b>Goat cheese salad</b> with peppers, chickpeas, cucumber, tomato, honey, walnuts and mixed salad.....	€8,50
<b>Small mixed salad</b> .....	€3,25

## MAIN COURSES

<b>Specials</b> see chalkboard	
<b>Falafel Plate</b> with hummus, pepper/cucumber salad, Maslow sauce, fries and a pita.....	€10,25
<b>Chicken Masala Plate</b> with hummus, pepper/cucumber salad, Maslow sauce, fries and a pita .....	€11,50
<b>Köfte Plate</b> lamb and beef with yoghurt-mint sauce, fried rice with grilled vegetables .....	€10,50
<b>Shakshuka</b> oven dish with peppers, tomato, spices and egg with a pita .....	€8,50
<b>Chicken Satay</b> with rice or fries, pickles, serundeng and cassava chips.....	€10,25
<b>Spinach Quiche</b> with feta cheese, pomodore, cashew nuts and salad .....	€9,25
<b>Salmon Fillet</b> fried in butter with fresh lemon, salad and fries or jacket potato with herb butter.....	€13,95
<b>Super Chicken Schnitzel</b> ± 200 grams. Breaded and served with lemon, fries and salad .....	€11,95
<b>Ribeye</b> ± 160 gram with herb butter, salad and fries or jacket potato.....	€13,95
<b>Simply veggie</b> fried rice, grilled vegetables, fried cauliflower, tehina and cashew nuts.....	€9,50

## BURGERS

All burgers are home made and are topped with pickle, tomato and Maslow sauce and are served with fries and salad.

<b>Maslow Burger</b> beef burger .....	€9,75
<b>Maslow Burger Deluxe</b> beef burger with sunny side up egg, smoked chicken and cheese .....	€12,50
<b>Maslow Vega Burger</b> lentil burger .....	€9,75
<b>Maslow Vega Burger Deluxe</b> lentil burger with hummus, aubergine and sunny side up egg.....	€12,50

## BURGERS ONLY

<b>Burger</b> .....	€6,75
<b>Burger Deluxe</b> .....	€9,25
<b>Vega Burger</b> .....	€6,75
<b>Vega Burger Deluxe</b> .....	€9,25
<b>Cheese</b> .....	+ €0,50

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# SNACKS

ALL DAY LONG



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## FRIED SNACKS

### Traditional Dutch Bitterballen

6 pieces / 12 pieces ..... €4,95 / €8,95

### Vegetarian Spring Rolls

8 pieces / 16 pieces ..... €3,50 / €6,00

### Vegetarian Samosas

8 pieces / 16 pieces ..... €3,95 / €6,95

### Falafel balls with Maslow sauce

6 pieces / 12 pieces ..... €4,75 / €8,75

### Feta Cigars

3 pieces / 6 pieces ..... €3,75 / € 6,75

## SNACK COLLECTION

### Small 2 bitterballen, 2 feta cigars,

4 vega spring rolls, 2 samosas ..... €5,75

### Large 5 bitterballen, 3 feta cigars,

5 vega spring rolls, 5 samosas ..... €10,50

### XL 10 bitterballen, 6 feta cigars,

10 vega spring rolls, 10 samosas ..... €17,95

## FRIES

**Plate of Fries** with mayonnaise and ketchup ..... €3,75

**Satay Peanut Sauce** ..... €0,75

## DESSERTS

**Chocolate truffle cake** ..... €4,25

**Oreo Cheesecake** with white chocolate and

strawberry sauce ..... €4,25

**Turkish Yoghurt** caramel waffle, honey and walnuts ..... €4,25

**Bananabread** regular / ice cream and cream ..... €2,25 / €4,95

**Vegan bananabread** ..... €2,50

**Vanilla ice cream** with caramel waffle and cream ..... €3,95

**Dame Blanche** ice cream, chocolate sauce and cream ..... €4,75

**Date cake** regular / with ice cream and cream ..... €2,95 / €5,25

**Vegan Ganache Cookie** with peanutbutter ..... €3,25

**Apple Treat** caramalized apple, raisins, ice cream

and cream ..... €4,95

## DIP WITH PITA

**Stone floor panini** with herb butter ..... €3,50

**Hummus** small with 1 pita / large with 2 pitas ..... €3,95 / €5,95

**Egg salad** ..... €3,75

**Tuna salad** ..... €4,75

**Aubergine salad** ..... €4,75

**Labaneh** yoghurt, herbs and olive oil with pita ..... €3,95

**Extra pita** white or wholegrain ..... €0,85

**Extra panini** white or wholegrain ..... €1,00

## NACHO'S

**Nacho's Small** with guacamole, tomato salsa,

crème fraîche and melted cheese ..... €5,95

**Nacho's Small with Chicken** with guacamole, tomato

salsa, crème fraîche and melted cheese ..... €7,95

**Nacho's Large** with guacamole, tomato salsa,

crème fraîche and melted cheese ..... €9,95

**Nacho's Large with Chicken** with guacamole, tomato

salsa, crème fraîche and melted cheese ..... €12,95

## MISCELLANEOUS

**Chicken Masala** with Maslow sauce ..... €4,95

**Bowl of nuts** ..... €1,95

**Pringles** ..... €1,75

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# DRINKS

**M SLOW**  
YOUR LIVING ROOM AT SCIENCE PARK

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## COLD BEVERAGES

<b>Chaufontaine</b> still or sparkling .....	€2,30
<b>Coca Cola</b> Regular, Light or Zero .....	€2,30
<b>Fanta</b> Orange or Cassis .....	€2,30
<b>Sprite</b> .....	€2,30
<b>Fuze Tea</b> Sparkling, Green, Peach Hibiscus or Mango Chamomile .....	€2,50
<b>Schweppes</b> Ginger Ale, Bitter Lemon or Tonic .....	€2,50
<b>Red Bull</b> .....	€2,95
<b>ChariTea</b> Mate or Green .....	€3,25
<b>Lemonaid+</b> blood orange or lime .....	€3,25
<b>Chocolate Milk</b> .....	€2,50
<b>Fristi</b> .....	€2,50
<b>Milk</b> organic whole milk .....	€1,50
<b>Biological Juices (Schulp)</b> apple or tomato .....	€2,95
<b>Fresh Orange juice</b> small / large .....	€2,50 / €3,25
<b>Menga Shake</b> coconut/pineapple, strawberry/banana, mango .....	€3,50

## COFFEE AND TEA

Organic coffee from EARTH (also decaf), organic milk from Zuivelrijck or soy milk.

<b>Tea</b> .....	€2,50
<b>Fresh Mint Tea</b> .....	€2,80
<b>Fresh Ginger Lemon Tea</b> .....	€2,80
<b>Chai Tea</b> .....	€2,70
<b>Chai Tea Latte</b> .....	€2,95
<b>Hot cocoa</b> .....	€3,00
<b>Coffee</b> .....	€2,40
<b>Americano</b> .....	€2,50
<b>Espresso</b> .....	€1,80
<b>Espresso Doppio</b> .....	€2,50
<b>Cappuccino</b> .....	€2,60
<b>Latte</b> .....	€2,80
<b>Latte Macchiato</b> .....	€2,95
<b>Flat White</b> .....	€2,60
<b>Irish Coffee</b> .....	€5,95
<b>Ice Coffee</b> home made .....	€3,75
<b>Extra shot espresso</b> .....	+ €0,70
<b>Whipped cream</b> .....	+ €0,60

## BEERS

<b>Gulpener Lager Beer</b> 18cl .....	€1,95
<b>Gulpener Lager Beer</b> 25 cl .....	€2,20
<b>Gulpener Lager Beer</b> 50 cl .....	€4,00
<b>Gulpener Lager Beer</b> pitcher 2,1 L .....	€14,50
<b>Gulpener Specials</b> on tap .....	€3,80
<b>Brouwerij 't IJ</b> bottled (organic) .....	€4,00
<b>Warsteiner</b> bottled (0%) .....	€2,60
<b>Radler</b> bottled .....	€2,60

## WINES

<b>Red wine</b> Merlot .....	€3,50
<b>Organic red wine</b> Cabernet Sauvignon .....	€3,80
<b>White wine</b> Sauvignon Blanc .....	€3,50
<b>Organic white wine</b> Chardonnay .....	€3,80
<b>Sweet white wine</b> .....	€3,50
<b>Rosé</b> .....	€3,80
<b>Bottle of Wine</b> red, white or rosé .....	€15,50
<b>Bottle of Organic Wine</b> red or white .....	€17,50
<b>Bottle of sweet white wine</b> .....	€15,50
<b>Bottle of Prosecco</b> .....	€16,50
<b>Small bottle of Prosecco</b> served with two flutes .....	€5,95

## LIQUORS

<b>Various Liquors</b> ask the bar .....	€4,25
<b>Various Shots</b> 1 / 5 / 10 shots .....	€1,50 / €6,00 / €11,00
<b>Red Label</b> whiskey .....	€4,50
<b>Jameson</b> whiskey .....	€4,50
<b>Connemara</b> whiskey .....	€5,00
<b>Laphroaig</b> whiskey .....	€7,00

## COCKTAILS

<b>Pink Passion</b> with cranberries and Passoa .....	€5,95
<b>Caipirinha</b> with cachaca, lime and cane sugar .....	€6,25
<b>Maslojito</b> with rum, mint, lemon, cane sugar and ginger ale .....	€6,50
<b>Joey Special</b> with Jameson and ChariTea Mate .....	€6,75
<b>Whiskey Sours</b> with Jameson, lime and sugar .....	€6,25

## MIXED DRINKS

<b>Gin and Tonic</b> .....	€5,75
<b>Bacardi Coke</b> .....	€5,75

Prefer another mixed drink? Ask at the bar!

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Please let us know!

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